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POST PROCEDURE INSTRUCTION

- Mild sunburn-like sensation is expected. This usually last 2-24 hours but can persist up to 72 hours.
- Apply cold gel packs or cool wet clothes to treatment areas for 15 minutes every 4 hours until symptoms subside.
- Bathe or shower as usual. Treated areas may be temperature sensitive. Cool showers or baths will offer relief.
- Avoid aggressive scrubbing and use of exfoliants, scrub brushes and loofa sponges until the treatment area has returned to its pretreatment condition.
- Avoid sun exposure to treated areas. Use #30 SPF sun block if sun expose is unavoidable (apply often). Sun avoidance will decrease likelihood of skin color changes.
- Appearance of hair growth or stubble will appear 7-12 days after treatment. This is not new hair growth, but the treated hairs being expunged/purged, expelled from the skin.
- Hairs that were in the resting phase at the time of the treatment may enter the active phase in 1 to 6 months depending on the body area.
- Follow up treatment may be performed within 3-6 weeks depending on regions of the body.
- Avoid shaving for 2 days, swimming, hot tubs/Jacuzzis, and excessive exercise for 3 days after treatment of until after redness resolves.
- No waxing on treated area.
- If blisters or open area occur, apply antibiotic ointment to the area 2 times a day until healed.
- Do not pick or remove scabs or crusting; this will help decrease the chance of infection or scarring.
- Tylenol will help reduce discomfort. Take according to manufacturer's recommendations.