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**PRE-TREATMENT PREPARATIONS**

- Avoid tanning the area to be treated or use complete sun block (>SPF 30), applied 2-3 times a day for at least 3 weeks prior treatment. Deeply tanned skin should be treated 4-6 weeks after active sun exposure.
- Avoid taking anticoagulants for 10 days before treatment, if medical condition allows.
- Moisturize the skin of the area to be treated a day before treatment.
- Discontinue any irritant topical agents for 2-3 days prior to treatment.
- Arrive to treatment with clean skin. There should be no lotion, make-up, perfume, powder, bath/shower oil present on the skin in the area to be treated.

**Contraindications**

- Pacemaker or internal defibrillator.
- Superficial metal implants in the treatment area.
- Current or history of skin cancer, as well as any other type of cancer, or pre-malignant moles.
- Severe concurrent conditions, such as cardiac disorders.
- Pregnancy and nursing.
- Impaired immune system due to immunosuppressive diseases such as AIDS and HIV, or use of immunosuppressive medications.
- Diseases which may be stimulated by light at the wavelengths used, Epilepsy.
- Patients with history of diseases stimulated by heat, such as recurrent Herpes Simplex in the treatment area, may be treated only following a prophylactic regime.
- Poorly controlled endocrine disorders, such as Diabetes, or PCO for hair removal.
- Any active infection in the treatment area, such as sores, Psoriasis, eczema, and rash.
- History of skin disorders, keloids, abnormal wound healing, as well as very dry and fragile skin.
- History of bleeding coagulopathies, or use of anticoagulants.
- Saphenous Insufficiency if leg veins are treated.
- Use of medication and herbs known to induce photosensitivity to light exposure at the wavelengths used, such as Isotretinoin (Accutane) within last 6 months, Tetracyclines, or St. John's Wort within last 2 weeks.
- Facial laser resurfacing and deep chemical peeling within last 3 months, if face is treated.
- Needle epilation, waxing or tweezing within last 6 weeks prior hair removal treatment.
- Tattoo or permanent makeup in the treatment area.
- Excessively tanned skin from sun, sun-beds or tanning creams within last 2 weeks.
- As per the practitioner discretion, refrain from treating any condition which might make it unsafe for the patient.